

Medication Instructions for Treating an Attack of Gout

On the first day (as soon as you get your prescription filled):

Take 1 (one) 0.6mg Colchicine pill (as prescribed) every hour until either

1. You get relief of your foot pain

or

2. You get any stomach upset

or

3. You have taken 6 (six) pills that day.

As soon as ANY of these 3 things happens you are done for the day.

Take only 1 (one) 0.6mg pill on subsequent days.

You should get relief of the foot pain caused by gout within the first couple of days. But, keep taking colchicine until you follow-up with Dr. Segler.

What NOT to do:

Do NOT take more than 6 pills on the first day.

Do NOT keep taking pills on the first day if your stomach is upset

Do NOT take more than 1 pill on the second – tenth day.

Do NOT take Allopurinol during an attack of gout.

Call Dr. Segler right away if you have any increase in foot pain, stomach upset, questions or concerns.

Dedicated to your health,



Dr. Christopher Segler
San Francisco's Award-Winning Podiatrist

www.MyRunningDoc.com

www.DocOnTheRun.com

www.AnkleCenter.com