Medication Instructions for Treating an Attack of Gout

On the first day (as soon as you get your prescription filled):

**Take 1 (one) 0.6mg Colchicine pill (as prescribed) every hour until either**

1. You get relief of your foot pain
   or
2. You get any stomach upset
   or
3. You have taken 6 (six) pills that day.

As soon as ANY of these 3 things happens you are done for the day.

**Take only 1 (one) 0.6mg pill on subsequent days.**

You should get relief of the foot pain caused by gout within the first couple of days. But, keep taking colchicine until you follow-up with Dr. Segler.

**What NOT to do:**

*Do NOT take more than 6 pills on the first day.*
*Do NOT keep taking pills on the first day if your stomach is upset*
*Do NOT take more than 1 pill on the second – tenth day.*
*Do NOT take Allopurinol during an attack of gout.*

Call Dr. Segler right away if you have any increase in foot pain, stomach upset, questions or concerns.

Dedicated to your health,

Dr. Christopher Segler
San Francisco’s Award-Winning Podiatrist
www.MyRunningDoc.com
www.AnkleCenter.com